

About the Subject

Psychology has been a subject for first- and second-year undergraduate students from the beginning (1995). Psychology has got a very valuable place in the modern age. Psychology studies human behaviour and human mental process. It also reveals psychological, mental, emotional, changes that have occurred in human development and cognitive process like sensation, perception, learning, memory, forgetting, motivation, emotion, intelligence, thinking process.

The knowledge of psychology is used in social, educational, industrial, clinical, counselling, sports, military, crime, psycho diagnostics and personality development. Near about 40 branches are working right now.

The nature of modern psychology has changed in many ways. The new concepts, theories and approaches have emerged in psychology with a view to make students more conscious, scientific, active, responsive and responsible.

Psychologists focus on describing, understanding, explaining, predicting and modifying behaviour and mental processes as well as on helping people understand themselves and others, so that they bring about change and improve the quality of life for themselves as well as those around them. Psychology is one of the fastest growing disciplines with developments in information technology, artificial intelligence, brain imaging, molecular biology and neuroscience making it even more multidisciplinary, challenging, and exciting.

AIMS AND OBJECTIVE: -

1. To know one's own psychology and personality.
2. To develop the self-confidence, emotional intelligence, interpersonal communication and professional skills among the students.
3. To apply psychological knowledge to solve our problems in life.
4. To know the difference between normal and abnormal personalities.
5. To enhance the positive attitude and mental health among the students.
6. Motivating to achieve goals in your life.

COURSE OUTCOMES

B.A -I Psychology

Semester I and II

General Psychology and Foundation of Psychology

- To make the student familiar with the field of general psychology.
- Students will be able to identify the major fields of study and theoretical perspectives within psychology.

- To become familiar with the scientific method, and examine the benefits and limitations of this method.
- To know gestalt laws of organization
- To understand stages of sleep, REM sleep, why do we sleep, how much sleep is necessary.
- To acquaint the students with cognitive process states of consciousness and learning.
- To aware student about memory process.
- Students will be able to identify the intelligence, theories of intelligence and assessing intelligence.
- To become familiar with motivation, Motivation approaches and human needs and motivation.
- To understand emotional experiences and the root of emotions
- To know about our personality, early theories of personality and assessing personality.

COURSE OUTCOMES

B.A -II

Psychology

Semester III and IV

Psychology For Living, Social Psychology

Modern Social Psychology, Applied Psychology

- To acquaint the students with process of psychology for living and understanding mental disorder.
- To introduce student the concept of stress and various psychotherapies.
- To acquaint the student with process of social psychology and the self and self-esteem.
- To introduce students the concept of social perception and attitude.
- To acquaint the student with the process of liking and understanding prosocial behaviour.
- To introduce student the concept of social influence confirmative and compliance.
- To aware the concept of Aggression, its causes and control.
- To acquaint the student with processes of Personal control, Decision Making and Personal growth, making and keeping friends.
- To introduce students the work, career, ply and using leisure positively and the concept of love and commitment.

Teaching faculty: - 01 full time

Name	Dr. Mahendra Krishna Chavan
Designation	Assistant professor
Qualification	M.A., M.PHIL., PH.D.
Experience	25 years

WORKLOAD AND TIME-TABLE: - 12

Period	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	B.A. I	B.A. II	B.A. II			
2		B.A. I				
3	B.A. II					B.A. II
4			B.A. II	B.A. II	B.A. I	B.A. I
5		B.A. II				
6					B.A. II	

CO-CURRICULAR/ EXTRA - CURRICULAR ACTIVITIES

Month	Activity	Class	Name of the teacher
October	Bridge course	B.A. I	Dr. R. V. Gunde Shivraj College, Gadhinglaj. Dr. M. K. Chavan
November	Tutorial	B.A.I & II	Dr. M. K. Chavan
December			
January	Home assignment, New year- new concept	B.A.I & II	Dr. M. K. Chavan
February			
March	Preparation of examination		
April			
May	Group discussion	B.A.I & II	Dr. M. K. Chavan
June	Test, preparation of examination	B.A.I & II	Dr. M. K. Chavan
July			
August			
September			

FUTURE PLAN

- The Department plans to open a counselingcenter in college to solve the psychological problems of youth.
- To arrange the personality development workshop for the students.
- To aware the students of new psychological trends from subject experts.